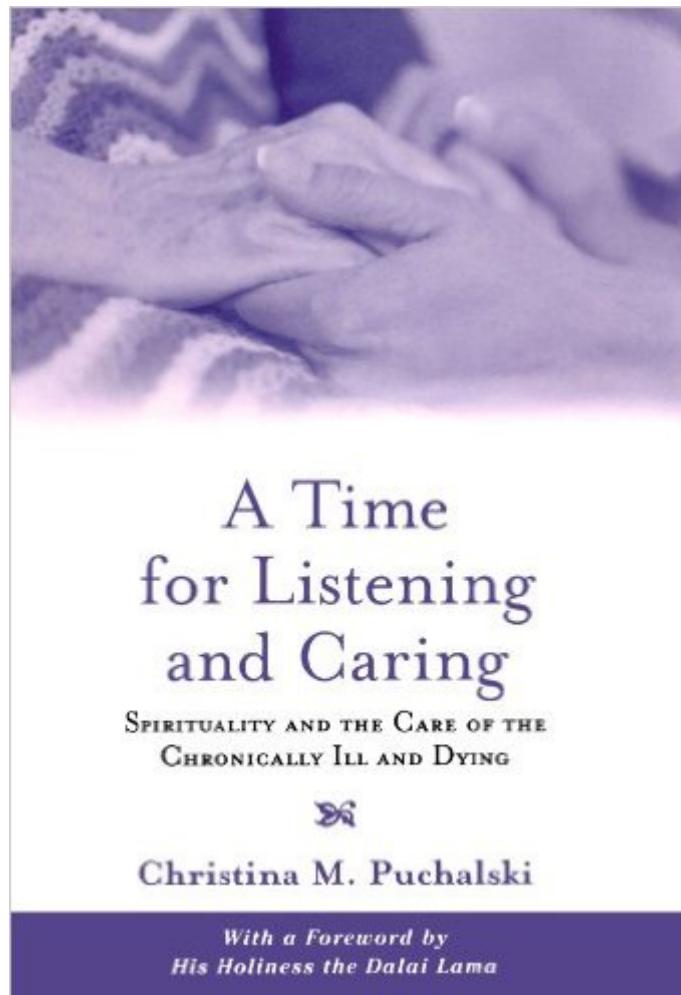


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# A Time For Listening And Caring: Spirituality And The Care Of The Chronically Ill And Dying



## Synopsis

This book is a thoughtful, informative, and practical guide for anyone involved in caring for the seriously and chronically ill or dying. The connection between spirituality and medicine has been receiving a lot of attention in both the scientific and lay presses recently, but research and anecdotal evidence all indicate that spirituality is central to the care of the chronically ill and dying. It is therefore critical that healthcare providers who interact with seriously ill patients know how to address their spiritual needs. This book presents current thinking on how spiritual care can be integrated into traditional caregiving. Part one discusses aspects of spirituality, such as presence, ethics, and relationships. Part two delves into a number of specific religious and theological traditions. Part three offers practical applications and tools, including storytelling, psychotherapy, dance, music, and the arts. Part four focuses on patients' stories and reflections. The book concludes with appendices that have sample advance directives for Protestant, Catholic, Jewish, and Muslim patients. Volume editor Christina Puchalski is the director of the George Washington Institute of Spirituality and Health. She is also an associate professor of medicine at the George Washington University Medical Center and an active practicing physician and medical educator. Dr. Puchalski is nationally and internationally recognized as a pioneer in the integration of spirituality and healthcare. Chapters are authored by an impressive group of medical and religious experts, and patients' stories also appear throughout, offering real-world examples. The book features a foreword by the Dalai Lama.

## Book Information

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## Customer Reviews

Reproduced from the Newsletter and Bookshop of the International Association for Hospice and Palliative Care (IAHPC) at [...]This is my Palliative Care Book of the Year! 'The relationships we form with our patients, clients, and colleagues are born out of a compassionate connection and call to service. From this connection and call comes forth the healing that is so necessary in all of our lives, whether we are currently ill or not. We are not mechanics, taking care of people's broken parts. We are partners with our patients in a therapeutic relationship from which brings forth potential for healing. That healing may manifest itself as a peacefulness, acceptance, better coping, happiness, or contentment. In the end, a life that may be shattered from illness and stress becomes whole again. By our presence, we serve others and walk with them in the midst of suffering and joy. This is why spirituality is essential to health care.' This book explores all aspects of the spiritual dimensions of medicine in the management of patients who may be chronically ill or dying. Five of the 24 chapters were written by Puchalski, the others by experienced clinicians, chaplains, caregivers and educators. The first part of the book describes the role of spirituality in the healthcare of adults and children, the ethical aspects of integrating spirituality into the care of patients, and the spirituality of the caregiver. Part II describes the theological implications of spiritual care at the end of life from a number of different perspectives including Buddhists, Catholics, Protestants, Hindus, Jews and Muslims.

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